S.M.Y.C. NEWS

The Official Newsletter Of The South Minneford Yacht Club

The President's Corner

Ernie Odierna

see South Minneford Yacht Club having a very good year. With a spirit of "Involvement" and "participation" we will all get to know each other a lot better and hopefully develop more things we want to do together.

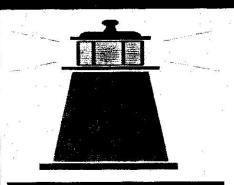
The Website, I hope, will be a good place to point to for information about the Club and what S.M.Y.C. has to offer the Transient Boater and Potential Slip Buyer or Renter. Our Website, currently under construction, will be at:

http://www.southminneford.com



We are embarking on a multiyear program of restoration, improvement and renewal that will enthusiastically include all the Shareholders that want to participate. We have Committees formed, from respondents to the mailing we did, on The Breakwater, The Website, Operations and Finance. Any Shareholder can come to any meeting. Just let Celeste, in our office, know you're interested and she'll see that you get notified of meetings. E-mail is preferred but we will send you a letter if that's what you want.

It is my firm belief that the more people we involve in the planning and decision process, the better. In the





end, we all share in the rewards or frustrations. I look forward to annual meetings of friends getting together to discuss what has been accomplished during the year and how our priorities for the coming year might best be directed for the benefit of S.M.Y.C. There should be no surprises nor need for raised voices or tempers at these meetings.

All those Shareholders that care to be involved should be

given every opportunity to be heard and their ideas considered, long before any decisions are made. Not every idea makes sense or is practical and not every one will be happy with what we may finally decide to do but, at least they will have been given an opportunity to know what's going on and, if they wish, put in their 2 cents.

Board Agendas and Minutes are available to any interested Shareholder. Hopefully with this Newsletter and our various committees off and running, between e-mails, the website and The Club Bulletin Board, there should be no excuse for not knowing what's going on. If in doubt, ask.

We as a board will try to serve and try to stay ahead of the curve.

SAFE BOATING

Ernie Odlerna (D29) BLAST



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S.M.Y.C. Safety Note

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Children Under the Age of Twelve

Children under the age of twelve must wear a Type I, II or III PFD on board a vessel unless they are in a fully enclosed cabin.

OFFICE MOVES

CELESTE WILL BE

AVAILABLE:
9:00 A.M. - 4:00
P.M.
Monday,
Wednesday, Thursday and by appointment.

Voice Mail and Email are monitored on days when the Office is closed.

The Treasurer's Corner

Dan Cavaluzzi

nce again, many thanks to all our members who attended the Annual Shareholders Meeting. Working with our newly elected board I will strive to keep operating costs down and continue to maintain the quality of our Marina. The meeting, as always was very productive many issues were addressed. The importance of your attendance and input at these meetings cannot be stressed enough.

An old time favorite is "Rentals". Rentals are an important part of our Marina. They provide shareholders that do not use their slip the opportunity to recover their maintenance costs. Renting of slips also introduces new boaters to our Marina, which in many cases these boaters become shareholders. Working toward maintaining or improving the value of our slips the Board of Directors has





decided to impose a rental surcharge on shareholders effective September 1, 2000. This fee is applicable to all new contracts executed on or after September 1, 2000. The fee will be the responsibility of the shareholder and will be due at the time the contract is submitted to the office for approval. The fee schedule is as follows:

- Annual Rental \$ 250.00
- Summer Rental \$ 200.00
- Winter Rental \$ 100.00

For those of you that have not met our new shareholders, next time you are in the Marina please look for and give a warm welcome to:

- Slip #A101 Richard Cupiola (existing shareholder of #D44)
- Slip #B81 Fred Racenstein
- Slip #C70 Carol Cavaluzzi
- Slip #E14 Brian Keane
- Slip #F114 Ronald Nicolettl
- Slip #B92 Sean O'Sullivan
- Slip #E23 Anthony Bianco
- Slip #F119 Mark Mckay
- Slip #B79 Michael Vittaco

WELCOME ABOARD!

On a final note, our deepest sympathy to the families of Mary Leonard and Alex Karpinsky, two wonderful shareholders that will be missed dearly.

South Minneford Yacht Club News

148 City Island Avenue City Island, New York 10464 718-885-3113

S.M.Y.C. Board Of Directors

Ernie Odierna, President Chris Greco, Vice President Gary Prince, Secretary Daniel Cavaluzzi, Treasurer John Daly Robert Valenti Stephen Schumann Paul Westermeier

Chris Greco, Director of Operations Gary Prince, Editor/Publisher

John McCarthy, DockMaster Celeste Marichal, Office Manager



From The Board Room

Gary Prince

his column highlights the material covered at Board Meetings. Its purpose is to keep our membership informed as much as possible. For an official transcript of Board Meetings, one must review the approved minutes of Board Meetings. These minutes are available upon request or via email.

January 8, 2007 Board Meeting:

- An agenda of monthly Board meetings will be sent to requesting shareholders in good standing via mail or email in DRAFT form prior to the meeting.
- Approved monthly Board meeting minutes will be sent to requesting shareholders in good standing via mail or email in DRAFT form as soon as possible.
- Chairpersons were appointed to several committees based on committee survey.
- The holiday party was a major success. Participation was high and wonderful congenial, positive event took place.
- The transfer of slip C-70 to Carol Cavaluzzi was approved.
- Operations committee will recruit representatives from A and C docks. All other docks are represented. The fishing line to prevent seagull activity seems to be working well. The docks are being bleached, washed, and sealed. We are researching an upgraded video surveillance system.
- Information from Sullivan Floatation Systems was presented by Bob Valenti. One engineer was recommended by Sullivan Floatation System and a second was presented by another board member. Contact to both engineers will follow.
- Proposed monthly Board meeting dates are: February 6, March 13, April 17, May 14, June 5, July 9, August 14, September 18, October 16, November 2 — <u>Tentative</u> Annual Shareholder's Meeting, November 12, December 4.

February 6, 2007 Board Meeting

- Issues were raised concerning the Breakwater Committee's second meeting. Ernie Odierna would attend the next meeting to clarify the committees role and responsibilities.
- Committee meeting protocol guidelines will be drafted and disseminated at future committee meetings. Items included are listed below: Committee meetings are primarily for committee issues only. Committees are to gather information and make recommendations to the Board of Directors. The Chairperson of the committee should facilitate the meeting. Minutes of the committee meetings should be submitted to the Board of Directors and all committee members prior to dissemination to others. Attendance/sign-in sheets should be maintained and included in the meeting minutes. Any member of the Board of Directors is welcome to attend any committee meeting.
- The Metro Boat Show was to be held in the Westchester County Center. The cost of a booth is \$600.
- Progress on SMYC Web Site. Ernie sent relative websites to view for ideas for our own website. Website committee meetings will commence shortly. A website design person will be researched.
- Discussion as to ways SMYC might increase Transient visits. Investigate the usage of an answering service and/or forwarding messages to a SMYC employee. Increase listings in print and develop a website. Purchase a second "Channel 69" sign for the breakwater entrance.

March 13, 2007 Board Meeting

(Continued on page 5)

The Operation's Corner

Chris Greco

hh, the weather is breaking and once again we are upon another season here at South Minneford. This year we are going to build on the success of last years events with a few ideas which I am hoping to bring to fruition with help from the newly formed operations committee.

We are hoping to bring the spring seminar series back including engine and onboard systems maintenance. New this year will be electronics maintenance, and what's new in electronics class, and for the sailors amongst us a class on all things sailing. Secondly I would like to get some of the businesses on the island to host various evenings such as a summer wine tasting and a cigar sampling. Maybe those shouldn't be held on the same night for obvious reasons. Other cultural suggestions for events are a South Minneford Movie Night and a comedy, music festival, a casino night and maybe even God forbid a Karaoke night. other activities we are thinking of integrating into our spring and fall gettogethers might be a dink/kayak competition,.

On the subject of the marina and its up keep, John and his crew are hard at work to keep our marina at its functioning level. They are addressing the twisted fingers by a combination of replacing and moving floats, which seem to be working. Towards the end of last season the bathroom in the trailer was painted and up graded and had now been designated as the ladies room. So guys you know where not to do your business. The breakwater is being tended to and repaired until we come up with a firm solution to its replacement. I believe the beautification committee will be springing into action soon to make things look nice and floral. By the way if anybody wants to help out on any of these newly formed committees with suggestions and or elbow

(Continued on page 6)



The Fishing Hole

Chris Greco Gary Prince

f you have a fishing report you think would be of interest to our readers, please write them in to the SMYC office to my attention.

Please keep reports concise but be specific about location, date and names of anglers.



Below are the New York State Marine Fisheries Regulations as of this date:

STRIPED BASS: All marine waters south of the George Washington Bridge & L.I. Sound - one fish per day; 28 inch minimum size; season of April 15 - December 15.

BLUEFISH: no size limit for first 10 fish, 12" for next 5.; ten fish + 5 per day (includes snappers).

FLUKE: 4 fish per day; 18 Inch minimum size.

FLOUNDER: 12 inch minimum size limit. 10 fish per day. L.I. Sound open season: April 1 - May 30.

WEAKFISH: six fish per day; 16 inch minimum size.

BLACKFISH: 14 inch minimum size limit, 10 fish per day. From Oct. 1 to May 31, otherwise 1 fish per day.

COD: 22 inch minimum size limit.

PORGY: 10.5 inch minimum. 50 maximum. June 1 to Oct. 31 season.

NOTE: All measurements are total length.

For updated information concerning marine recreational fishing regulations, call:

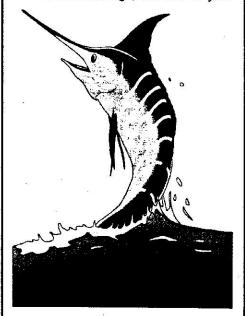
800-REGS-DEC

or

visit the DEC website:

http://www.dec.state.ny.us/ website/dfwmr/marine/finfish/ swfiaws.html

With the summer of 2007 approaching the time will soon be right for fishing in the sound. The species that are most popular this time of year are Fluke, Striped Bass and Bluefish. The local hot spots for Fluke are the southernmost tip of Harts Island. Hewlett Point and Barker Point. The method most commonly used for catching the Summer Flounder or Fluke (paralichthys dentatus) is jigging your bait or lure off the bottom while you drift your boat through the aforementioned areas. Bait could be killies, spearing. squid or cut strips of legal size fluke. snapper, bunker or mackerel. You could also use a white 34 to 2oz. Bucktail with the strip baits. If you are using bait go with a fishfinder rig , the size of your



sinker is determined by the current you are fishing in and the hook size should be 2/0. Legal size for keeper fluke is 15 ½ inches with a 8 fish per angler limit. I suggest that when fishing for fluke you hold your rod and once you feel the hit immediately set the hook and hold on.

The most important thing to remember when using bait is fresh, fresh, fresh, fresh. This holds true for both Striped Bass and Fluke. When fishing for either the fluke or the striped bass in this area I find that either a conventional reel or a spinning reel loaded with 15 to 20 lb. test does just fine with a medium action rod.

The methods used for attaching ones monofillament to a Striped Bass (roccus saxatilis) are many. Chunks of Manhaden (bunker) hooked on a 7/0 or 8/0 hook and lures in my favorite order are 1oz White Bucktails with a white rubber grub, Rapala floating or sinking (lighter colors seem to work best) . Hopkins and diamond jigs. When using chunks always buy or catch more than you need so that you can toss a few chunks into the water as a sacrificial offering to the Fish Gods (otherwise known as chumming). Limit for Striped Bass is a 28" minimum and a one fish per day per person. Bluefish the size is unlimited and you're allowed 10 per day. Another thing to remember when you are using chunks is first, rig one rod with no weight and another with a 2oz sinker on a fishfinder rig, fishing one high and one low and observe which one produces more hits and go with it. Chances are when you are fishing for Stripers you will catch Bluefish (pomatomus saltatrix) also. This is just the nature of the beast if you don't like blues then either slow down your chumming or move to a different spot. Locations for these fish are Harts Island, Execution Lighthouse (consult me before going there), inside Manhasset Bay, Stepping-Stone Lighthouse and anywhere there is either a rocky bottom or structure. All the fish mentioned in this article seem to prefer when the water is moving (incoming high preferred over outgoing tides).

Happy fishing From Chris.

Good Luck!

Please send in your fishing news or photographs so we can publish it in our next newsletter



Sea Sickness

Laurel Daly

SOME THOUGHTS ON SEA SICKNESS

Sometimes I still think my husband doesn't believe in sea sickness. After all, he never gets queasy. He used to love fishing trips with his older brother Jerry. Jerry loves to eat and always ordered a large bucket of fried chicken for the trip. But Jerry never got to eat even one piece, much less compete for the big one. One of the most frustrating things that happens to people who want to get off the waves is that charter boats never turn back early, no matter how many people are sick. Once in Bermuda, my husband was preparing to go out on the next dive boat. The boat came in and one passenger, completely doubled over, rolled off the boat in complete agony. thought she had the bends. No-just horrible seasickness. I wonder how long it took for her to feel better and if she ever went diving again. Do you know that you still get sea sick under water? Seems obvious but it took me by surprise.



90% of the population will at some time get motion sickness. (It is probably safe to say that a much smaller percentage of captains get sea sick!) Sea sickness occurs when motion causes the fluid in the ear canals to move with the body. On the water, motion may send erratic and mixed signals to different parts of the brain causing sleepiness, headaches, dizziness, nausea and finally vomiting and a cold sweat. Common treatments include patches; wristbands that press on a certain pressure point interrupting the signals between the brain, the phrenic nerve, and the stomach,; pills; or ginger root which settles the stomach. People are usually surprised that the movement sensations

in the head do not stop once on terra firma but can actually continue for days.

Unfortunately, I am most vulnerable to nausea and the wooziness that creeps up behind your eyes when I am working in the galley. Having food in your stomach helps combat the discomfort but sometimes. I can't stay below long enough. My worst example was years ago. It was our second season entertaining on our 34 foot. I had (finally) invited a girlfriend out on a weeknight to have dinner aboard. She had been guilting me all winter. We arrived to very mixed weather blowing strong out of the east. I no sooner set evervone up with drinks when I abruptly had to say "Let's go sit up on the benches." No problem-hors d'oeuvres and drinks overlooking a sea of bobbing boats-Forty-five minutes later, beautiful. feeling much better and quite hungry, we all trooped back to the boat. Five minutes on board and I had to leave my girlfriend with instructions on how to cook the meal. A great way to impress friends! She still kids me but doesn't ask to be invited for dinner.

The next time I was seriously uncomfortable (and was tired of sitting in the parking lot!) I decided to go mainstream and take a Dramamine. (Usually I find ground ginger root is enough to take the edge off my queasiness.) Typical- the bottle we had on board expired two years ago. Knowing the power of the placebo effect and usually only needing a half dose of anything, I took half a pill and waited to feel better. Sitting aloft, there was absolutely no improvement in my stomach or my head. Thank goodness City Island is so convenient. Armed with a brand new bottle of Dramamine, I took another half pill. An hour later, I was sound asleep. Two hours later-still sound asleep. Three hours, four hours... I slept most of the rest of the weekend away but I guess I can say I enjoyed the boat.

Interestingly, the more years I stay in boating, the milder my seasickness has been. Rarely do I have to get out of the galley or sit aloft. I actually kind of miss that feeling Mondays back at work when my eyes and head were a little off my shoulders to the left and the floor was never where it was supposed to be. All right-I know half of you have no idea what I'm talking about.

From the Board Room Gary Prince

(Continued from page 3)

A website was found that will create a website inexpensively if provided a sample to emulate. The website committee will research current sites they may wish to emulate.

- Operations are running normally.
 Winter months passed with relatively no issues to raise.
- Shareholder attendance at Director's Meeting. Shareholders will be welcome to address the Board, during the first 15 minutes of Board Meetings, by prior arrangement with The President who can be contacted through the SMYC Office Manager. Individual time allocation will be based on the number of Shareholders wishing to speak to the Board at a given meeting. Spring Lecture Series at SMYC. Chris Greco will organize future lecture seminars. Request for Electronics Seminars was made. Contact with West Marine will be made.
- In the interest of fairness a motion was passed that all transient revenue handled by SMYC will be placed into SMYC's Treasury to offset the rising costs of advertising, insurance and labor.
- A request was made by a shareholder that the attachments be sent electronically/mail with the approved monthly meeting minutes.
- Additional participants to committee meetings, excluding board member presence, will be determined by the committee.

(Continued on page 6)

SMYC SAFETY NOTE

Carbon Monoxide The Silent Killer.

Be aware of the symptoms of CO poisoning:

- headaches, dizziness, weakness, sleepiness, nausea, vomiting, confusion and disorientation.



Boating Basics

Gary Prince



ottom Paints

Have you ever asked yourself the following questions:

- How many seasons of pain can I allow to build up on my hull before I need to do more than just a moderate sanding between seasons?
- I use a non-ablative paint with excellent results other than a dirty water line. Can I touch up the water line and give the bottom a power wash or light sanding instead of another coat?
- Do the biocides in an epoxy-based paint remain active after winter lay up?



Answers:

If the paint isn't flaking, cracking or peeling, there's no real reason to strip off the old paint before recoating. There are boats that haven't been stripped for 10 years or more that are doing just fine.

From what I've read in the literature, you can almost always get at least two full seasons from an application of a good bottom paint, and frequently more with a bit of retouching. Ablative (or co-polymer) paints such as ACP-50 don't need anything but a wash-down before re-launching, as they continually slough off their outer layer to expose fresh biocide. Harder paints, such as Petit's Trinidad, will benefit from being buffed with a Scotch-Brite or similar pad to remove oxidized surface biocide.

Operations Corner

(Continued from page 3)

grease, I know I would welcome the help and I'm sure the beautification committee would be appreciative of anyone who could spare some time and their green thumbs. If you haven't noticed we have added a new dock person this year, his name is Andre.

We are also hoping to keep all members and people interested abreast of what's happening by having all this information posted on our new South Minneford website. Lastly I think we all need to remember that the main reason we belong to the club is to have FUN. So let's enjoy this glorious summer season hopefully with the integration of some of the things I mentioned above.

Have a safe and wonderful boating season.

From the Board Room Gary Prince

(Continued from page 5)

April 17, 2007 Board Meeting

- ◆ The website committee contracted a website through Network Solutions for approximately \$125 per year. The website at dress is: www.southminneford.com. The website allows for 50 email addresses (le: President, Vice President, Treasurer, Secretary, operations, Office Manager, Dockmaster, office, newsletter, etc.)
- The Treasurer reported that a lease has been established between the New York State Bureau of Land Management and SMYC for use of state owned lands under water.
- A letter will be drafted by Gary Prince to be mailed to shareholders to permit the release of their personal data.
 The letter will be reviewed and voted on at the next monthly Board Meeting.

The next Board Meeting is scheduled for May 14, 2007

SMYC SAFETY NOTES

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Q.: When two
boats approach
bow to bow,
what is the
proper course of
action?

A.: Both boats should alter course to starboard and pass port to port.

Q.: Define the term Mean Lower Low Water (MLLW.)

A.: Of the two mean low-tide waters of a given area each day, MLLW is the lower and therefore usually listed on charts.

Shareholder's Corner

Gary Prince

his column is reserved for you, the shareholders. We welcome your input. If you have anything to say that you think the shareholder's would be interested in, please write in.

All letters received for this column are subject to editing and approval of the editor of the SMYC NEWS.



SEND IN YOUR THOUGHTS OR CLASSIFIED ADS TO:

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Management.

Shareholder's Classified



s shareholders, you may send in a classified ad of anything you wish to sell. There is no charge for the ad.

The ad must be a short description of the item, your name, slip number, and a telephone number. The entire length of the ad must not exceed <u>60 characters</u> in length. One ad per shareholder will be run per issue.

U.S. COAST
GUARD
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Hotline:

1(800) 386-5647





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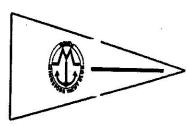
Shareholder's Classified



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COMING EVENTS

Ernie Odierna, S.M.Y.C. Board of Directors President, also happens to be The Fleet Captain at The Harlem Yacht Club. Each year they enjoy a two week Cruise together. This year they are going to Shelter and Block Islands between July 21 and Aug. 5th. Ernie has invited any South Minneford shareholder or their rentor

to accompany The Harlem Y.C. cruisers on this years journey. The same invitation has been extended to members of The Stuyvesant Y.C.

The highlights are that they will be in the Shelter Island area from Tuesday, July 24th through Friday, July 27th. Then, they'll be heading for Stonington for the night of the 28th and from Sunday, July 29th, through Tuesday, July 31st, they are in The Great Salt Pond at Block Island. Anyone interested can pick up the schedule at the Club or send Ernie an e-mail entieo1@optonline.net and he will fill you in on the details. They plan on being back to City island on Sunday, August 5th.

S.M.Y.C. Safety Note

シングランファン

Rendering Of Assistance

The master or person in charge of a vessel is obligated by law to provide whatever assistance can be safely provided to any individual at sea in danger of being lost, and is subject to a fine and / or imprisonment for failure to do so.



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This means as a S.M.Y.C. member, you can receive a discount membership of \$12.50 (one-half the regular fee) to BOAT/U.S.

Current members can renew under this discount too. We would need your current BOAT/US member number.

For more information contact the SMYC office.